

Social Friday Change

With the addition of Nick, our new Community Engagement Coach, as well as the addition of 9 new participants for this year, as well as the purchase of a second vehicle, we are excited to announce that each Friday will include two separate social events!

Each Friday will be staffed with three staff members. A group of ~12 participants will go to one event with two staff members and another group of ~6 will go with another. We are excited about the possibility that this will allow us to diversify and create more niche social offerings. We will list both Friday events on the Calendar and communicate as early as we can the Social Friday schedule for each participant. Please be patient with us in September, as Nick just started mid-August and we don't want him to die. We anticipate receiving our second vehicle in mid-September, so our first few Fridays may look a bit different as well.

Meeting Schedule/Communication

Capstone staff have been hard at work during our two weeks off, planning for the upcoming year. One major initiative we are working on is bridging the gap between programming and home. To that end, we will be better utilizing our Beyond Plans this year and creating a 1:1 meeting schedule that will involve myself, Nick, and participant case managers. We want to create 'Family Goals' that will better utilize our conference time, as well as our 1:1 meetings. Ultimately, a goal will only be successful if the participant is motivated to achieve it, but we would like to work together to find ways to be supportive of, and communicate with, each other. If you would rather not wait until Fall conferences, you're encouraged to reach out to Case Managers in advance to discuss.

Grades

You may not know that Capstone has grades,



but we do! Our 1-5 scale is meant only to communicate the level of independence and mastery we are seeing in the classroom or community, and should not be interpreted on a pass/fail or 0-100 basis. It's not something we talk a lot about, and we'd ask you not to take it too seriously, but if any of our scores or comments spark a conversation, please do feel encouraged to reach out. Your case manager from last year will be sending grades out shortly. Every participant in Capstone will receive credits for the courses they complete, regardless of class score.

Fitness Center Expectations

We will be adding an additional 15 minutes to our Fitness Center outings this year. We will also be tracking change of clothes and deodorant usage (non-swimmers) and communicating when there are compliance issues. Our Health and Fitness class is at max capacity and should be treated as a privilege. We are also recommending that all participants have a Fitness Center change of exercise clothes left at Franklin at all times. This will both help with the occasional forgetfulness, and allow for more impromptu trips should a class desire. We have storage space to accommodate.

With Sincere Appreciation,
Michael Faeth
Director of Adult Education

September 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				Video Game Tournament/ Minnehaha Falls 1
Labor Day- No Programming 4	Williston Fitness Center 5		Williston Fitness Center 7	Movie Marathon/ Elf Door Scavenger Hunt 8
No Volunteering 11	Williston Fitness Center 12		Williston Fitness Center 14	Board Game Tournament/ Como Zoo 15
Volunteering- Rock Elm 18	Williston Fitness Center 19		Williston Fitness Center 21	Lego Workshop/ Model Railroad Museum 22
Volunteering- PRISM/ Double Tree Hotel 25	Williston Fitness Center 26		Williston Fitness Center 28	Disc Golf/ Mini Golf 29

Please note: This calendar is subject to change.

*Lunch included: Students will typically have an option to purchase food or other items on community-based trips.

