

Program Information Night- February 28th

A reminder that we will be hosting our annual Program Information Night on February 28th. We are hoping to use this night to both explain changes for next year and introduce the program to a new audience. That said, if you have been a part of the program for a few years and would rather view a recording of the event (and skip parts that seem redundant to you), please fill out the form anyway, as we will be sharing the recording and answering questions.

Second Semester Begins- February 27th

We will be starting our second semester on February 27th. At this point everyone should have received the new schedule for the rest of the year. As previously mentioned, this should provide a bit more flexibility and prep time for teachers. It will also free up an additional hour for me to meet 1:1 with participants, something I have been doing since Fall but will now extend to everyone in the program with the goal of doing so once a month.

Full-Year Schedule

Just a reminder that we are continuing through the Summer as part of our full-year schedule. There have been a few questions that have popped up from participants about this as we released the Second Semester schedule. We're happy to discuss this with the participants, but any reinforcement from parents would be appreciated. This was workshopped with both families and students last year with an overwhelming majority in support. We believe the consistency will help tremendously going forward.

Minds of All Kinds Breakfast

Mark your calendars for the Minds of All Kinds annual fundraiser on Thursday, May 11th from 8:30-9:30am at the [Golden Valley Country Club](#)! Visit franklinmn.org/moak2023 for more details.



Capstone Ceremony of Completion

As we consider how to celebrate our graduating participants, we invite anyone to reach out directly if you would like to share your ideas or contribute to a task force in the planning of this event. More information to come.

Student Spotlight

Name: Sarah Frisk

Hometown: Plymouth, Minnesota

What is something you've accomplished that you're proud of: Graduating from college

What is something you are passionate about: Helping people feel understood and valued

What is a goal you have for your adult life: To be able to live independently

What is your favorite thing about Capstone: Being with people who understand me

With Sincere Appreciation,
Michael Faeth
Director of Adult Education

February 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2 Williston Fitness Center	3 WhirlyBall*
6 PRISM	7 Williston Fitness Center	8	9 Williston Fitness Center	10 Rem 5*
13 Rock Elm	14 Williston Fitness Center	15	16 Williston Fitness Center	17 Urban Air*
20 No School: Mid-Winter Break	21 No School: Mid-Winter Break	22 No School: Mid-Winter Break	23 No School: Mid-Winter Break	24 No School: Mid-Winter Break
27 Rock Elm	28 Williston Fitness Center			

Please note: This calendar is subject to change.

*Lunch included: Students will typically have an option to purchase food or other items tripcommunity-based trips.

