

Happy New Year

As we round the corner of our third year, I'd like to take the opportunity to again say thank you to everyone who has believed in and supported this program. It's such a joy when we return from a break and so many of the students comment that they missed being here and how happy they are to see everyone. I'm delighted we've been able to welcome Kristen, Amy, and Dylan into the program, all three of whom are doing excellent work, and the new students have integrated themselves into their peer groups like they've been here for years. Our work is very rewarding, and we do not take that for granted. Thank you.

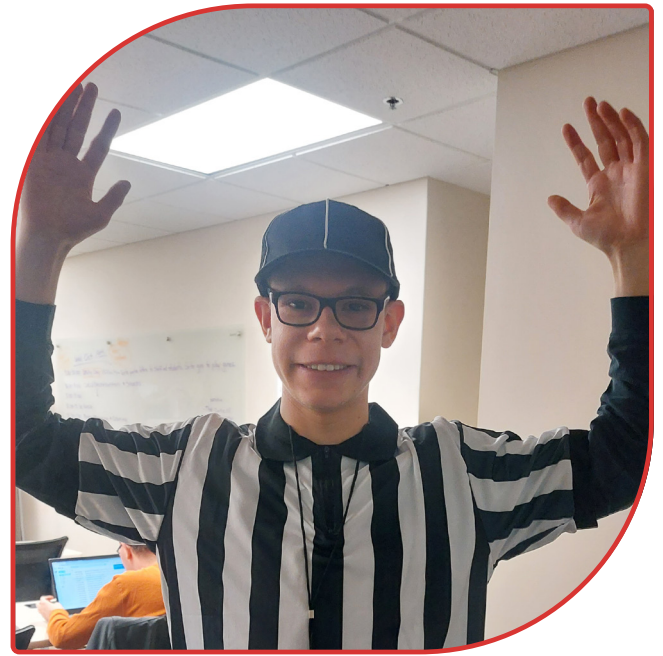
Program Information Night- February 28th

We will be hosting our annual Program Information Night on February 28th. This event is virtual and will be recorded (unlike the Parent Information Night which is in-person and not recorded). The point of the Information Night is to discuss changes for the upcoming year, as well as answer questions that both current and prospective families may have about the program. We will send out a sign-up form in a few weeks, but in the meantime if there is anyone else you think would benefit from this information, please feel encouraged to reach out to me with their contact information, or feel free to pass the link along.

If you are unable to attend (or just don't care to view the recording live), please fill out the form anyway, as we will be sharing the recording.

Family Check-Ins

January and February are typically the months when we receive the most contact from current and prospective families. Something about cold and dark Minnesota winters, I'm guessing. Or post-Holiday planning. Please feel encouraged during this time especially to reach out if you have any specific questions or concerns both as we transition into the new semester and begin to plan for '23-'24. There



is a bit of a contact lull between Fall and Spring Conferences during this time and you are welcome to fill that void if you have any questions, comments, or concerns.

Student Spotlight

Name: Jack Johnson

Hometown: Minneapolis

Who is your favorite staff member in Capstone and why: Ms. Kristen because she's so nice

Who is your favorite student at Capstone and why: Ben Higgins because he likes sports like me

What is something you've accomplished that you are proud of: Working at Goodwill

What is something you are passionate about: My friends

What is a goal you have for adult life: Get a good job

What is your favorite thing about Capstone: Friday outings, but I like everything

With Sincere Appreciation,
Michael Faeth
Director of Adult Education

January 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
No School- New Years' Day 2	Williston Fitness Center 3		Williston Fitness Center 5	Movies and Video Games 6
PRISM/Sholom 9	Williston Fitness Center 10		Williston Fitness Center 12	Bowling* 13
No School- MLK Day 16	Williston Fitness Center 17		Williston Fitness Center 19	Grand Slam* 20
PRISM/Sholom 23	Williston Fitness Center 24		Williston Fitness Center 26	Dave and Busters* 27
Rock Elm 30	Williston Fitness Center 31			

Please note: This calendar is subject to change.

*Lunch included: Students will typically have an option to purchase food or other items tripcommunity-based trips.

