

## Conference Recap/ Family Goals

Thanks for what I considered a wonderful round of conferences. I was popping around and heard a lot of good discussions, planning, and goal-setting. It's always valuable to connect programming to home and vice-versa. We heard a lot of firsts and encouraging news. If you are able, please fill out [this quick survey](#) to give us feedback for conferences as we iterate each year.

Regarding Family Goals, we are working to make each of them SMART and will begin discussions around them in our 1:1 meetings and check-ins. If you feel you are in need of additional in-home support, please consider our Family Skills therapy through Therapy Services. We consider ourselves the planning and accountability partner, but if more in-depth help is necessary we highly recommend their services!

## Early Enrollment

You may have noticed some materials around deadlines for early enrollment that have gone out in various platforms. That is primarily geared towards potential families for next year. We are increasingly getting to a place of full capacity and want to be more proactive (and have future families be more proactive) about our planning needs.

For existing Capstone families, we will use Spring Conferences as an opportunity to discuss long-term plans and we do not expect a decision on intent to return until May 1st, 2024. However....if you are 100% certain that you either will or will not be returning, we are certainly not against the advance notice as we account for space and staffing needs. Please let me know if you have any questions or comments.

## Odds and Ends

- We've decided to cancel the Parent Information Night this year. We still plan on having the Program Information Night in the Spring. Going forward, we hope to combine more events that find ways to be inclusive of



all aspects of our programming and an event like this may occur again. Thanks for your previous support and participation!

- I've discussed in the past how we are concurrently applying for multiple additional licenses (CARF and 245D). If you find a request for a signature for a document (say, a photo release form), please know this is us making sure we are on top of all regulatory compliance. Your assistance is highly appreciated!

## Student Spotlight

**Name:** Connor Hurst

**Hometown:** Minneapolis

**What is something you've learned in Capstone that has made a difference for you:** Learning about other people's feelings

**What is something you've accomplished that you are proud of?** Trying new things

**What has been your greatest challenge:** Getting a job

**What is your favorite thing about Capstone:** Being with my friends

**With Sincere Appreciation,**  
**Michael Faeth**  
**Director of Adult Education**

**November**  
2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2 Williston Fitness Center	3 MPLS Gift and Art Expo/ Midtown Global Market
6 PRISM/ DoubleTree Hotel	7 Williston Fitness Center	8	9 Williston Fitness Center	10 African American History Museum/ Animal Humane Society
13	14 Williston Fitness Center	15	16 Williston Fitness Center	17 Hocokata Ti/ Mall of America- Amazing Mirror Museum
No Programming - Thanksgiving Break				
20	21	22	23	24
27	28 Williston Fitness Center	29	30 Williston Fitness Center	

*Please note: This calendar is subject to change.*

\*Lunch included: Students will typically have an option to purchase food or other items on community-based trips.

